



## Facial Treatment Pre and Post Instructions

### Before your treatment:

- Avoid sun exposure and tanning beds to treated areas 2 days prior to treatment (we recommend this indefinitely). Daily sunscreen with an SPF of at least 30 is always recommended.

### After your treatment:

- Avoid sun exposure and tanning beds to treated areas 2 days after treatment (we recommend this indefinitely). Daily sunscreen with an SPF of at least 30 is always recommended.
- Avoid any irritants to your skin, such as any products containing Retin-A, retinol, benzoyl peroxide, glycolic, salicylic acids, astringents or Vitamin C for 1 day after your treatment.

Please call us if you have any questions

BY SIGNING BELOW, I ACKNOWLEDGE AND CERTIFY THAT I, *Bri Hegyi* HAVE READ AND UNDERSTAND THE "CONSENT, RELEASE AND INDEMNITY AGREEMENT" FOR THIS PROCEDURE, AND THAT I AM SIGNING IT VOLUNTARILY.

**PLEASE SIGN YOUR FULL NAME BELOW IF YOU AGREE**

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Patient Signature

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Date